Mid Wales My Way
Miles Wandered

Ann Griffiths Walk

An enchanting 7 mile course down the Vyrnwy Valley, Closely following the bank of the River Yyrnwy for most of its length.

Glyndwr's Way

The 135 mile National Trail meanders through open moorland, rolling farmland,Woodland and forests and finishes beside the Montgomery Canal in Welshpool.

Severn Way

The Severn is Britain's longest river and one of the most beautiful. The total length of the Severn Way is 210 miles from source to sea.

Kerry Ridgeway

A gentle undulating 15 mile route. following a ridgetop overlooking Wales on the one side and England on the other.

Offa's Dyke Path

'A walk through history' - A National Trail Path that follows the border between England and Wales, which is Britain's longest archaeological monument. -177 Miles

Wye Valley Walk

The beautiful Wye Valley Walk is 136 miles long, following the river valley from Chepstow to the slopes of Plynlimon. Pick up a Wye Valley Walk Passport, get it stamped along the way, then keep it as a souvenir.

The Epynt Way

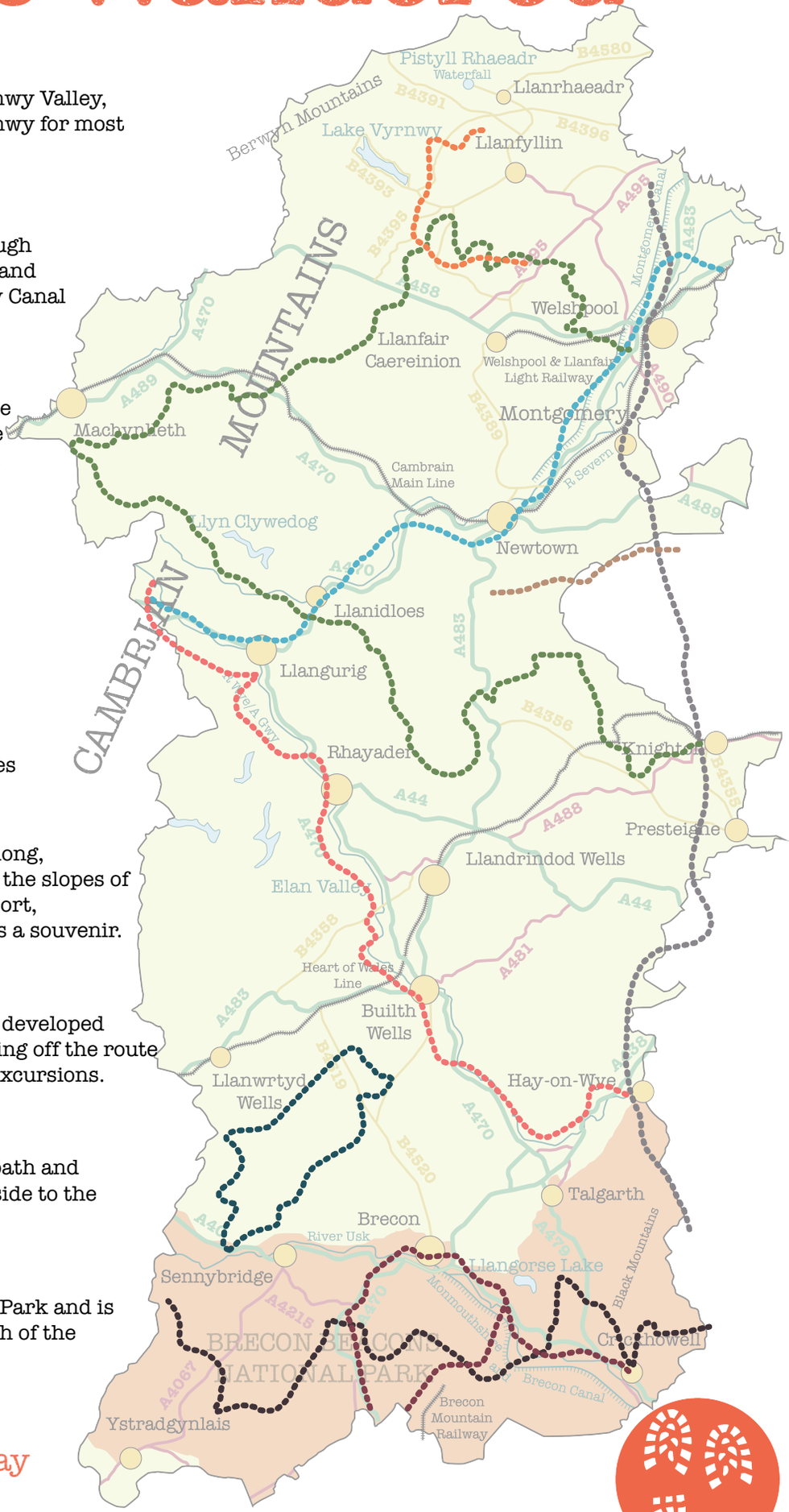
A 56 mile walking, cycling and riding route developed on Ministry of Defence land. The paths linking off the route also make great circular trails for shorter excursions.

Usk Valley Walk

The Usk Valley Walk - Follow the canal towpath and River Usk south through beautiful countryside to the Roman remains at Caerleon.

The Beacons Way

The route covers the length of the National Park and is designed for experienced walkers with much of the walking done through open country.



/midwalesmyway

www.MidWalesMyWay.com/MilesWandered

Mid Wales My Way
Moving Wheels

Lake Vyrnwy

An 11 Mile circular route taking in the breathtaking views of Lake Vyrnwy.

Montgomery Canal

Explore the Montgomery Canal starting at Newtown on newly surfaced towpath through Welshpool on to Llanymynech. - 20 Miles.

Lon Cambria

Connecting the Victorian seaside town of Aberystwyth to the historic border town of Shrewsbury, National Route 81 crosses the heart of beautiful Mid Wales through the Cambrian Mountains and alongside the Elan Valley reservoirs to Rhayader - 113 Miles.

Lon Las Cymru

Go the distance on the 250 mile ride of a lifetime. The stunning scenery and dramatic peaks of the Brecon Beacons, Cambrian Moutains and Snowdonia should ease the leg pain. You can always take a pit stop at one of the cafes along the route in Builth Wells, Llanidloes or Machynlleth.

Radnor Ring

An 84 mile circular route on quite lanes, passing through Stunning landscapes spa and market towns of Rhayader, Llandrindod Wells, Presteigne & Knighton

Monmouthshire and Brecon Canal

Follow traffic-free, almost entirely flat 35 mile trail along the towpath of the Canal starting in Brecon.

Mountain Biking

Brecon Beacons
Llanwrtyd Wells
Elan Valley
Machynlleth
Llangynog (Revolution Bike Park)

Family Friendly

Elan Valley Trail
Monmouthshire and Brecon Canal
Montgomery Canal
Lake Vyrnwy Circuit
Garwnant Forest Centre
Ystradgynlais Cycle Route

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